

New Patient Checklist

- Please return completed **new patient intake packet** prior to new patient appointment.
- Please arrive 20 minutes early to fill out intake forms if you have not sent them in prior to your appointment.
- Allow 60 minutes for your first visit.
- Please be courteous and **send a text to 917/822-0617** if you're running late.
- All **payments** are due at the time of service. We accept cash, check, or any credit card including American Express.

Please **bring** to your first appointment the following items:

- Recent blood work, imaging, and/or medical records if necessary.
- A **list of all medications** you are currently taking (including dose, frequency, and duration).
- Please bring the bottles (or photographs) of the **supplements** that you're currently taking.

Thank you! I look forward to meeting you!